

Rough Guide to Costs

Japan seems to have an international reputation for being expensive, but it is probably not as expensive as you think. Hotels, in particular, are quite competitive. Here is a rough guide to some key/basic items. Prices are in Japanese Yen. As of going to press, the exchange rate was approximately USD1 = JY118; obviously, this is subject to change.

If you are thinking of combining the conference trip with a little sightseeing, you should check out the **Japan Rail Pass**. This costs from JY28300 for 7 days, but gives one unlimited travel on the largest rail network, including on Japan's famous bullet-train, plus some boat connections. If you are interested, please note that **a Japan Rail Pass must be purchased in one's home country before departure for Japan**. It may not be purchased in Japan. Visit the official website (in seven languages): <http://www.japanrailpass.net/>

Please note that you would be advised to take out full medical insurance before arrival as medical treatment in Japan is not cheap.

Simple, functional "Business" Hotel	8-12000
Designated Conference Hotels	from 6825 to 13000
Cheaper Hotel	from 5500
Luxury Hotel	from 20000
"Capsule" Hotel (for the adventurous!)	from 2800
Taxi from Airport to Conference Site	Around 13000
Express Bus from Airport to Nagoya	1000
Express Train from Airport to Nagoya	850-1200
2km bus ride	200
5km taxi ride	1500
Nagoya Subway Fare	2-260
Canned drink	120
Cup of coffee	300
Can of beer	250
Local beer in bar or restaurant	500
1/2 liter of mineral water	130
Three course set menu dinner at a restaurant	3-4000
<i>Teishoku</i> set meal (main course with side dishes)	1-2000
Bowl of Japanese noodles	500
Simple coffee shop morning set	3-500
Big Mac	250
35mm film (24 exposures)	500
Postcard stamp	80
Shampoo	400
Pack of 20 aspirin (<i>Buffarin</i>)	500

Please Note: all prices are approximate, and subject to change without notice.